
Sheleh L. – *Ph.D in Political, Researcher of the Department of Legal Psychology of the National Academy of Internal Affairs, Kiev, Ukraine*

Personal Backgrounds of the Psychosomatic Disorders Nascence in Employees of the National Police of Ukraine

The article presents the results of the author's empirical study of the personal backgrounds of the psychosomatic disorders nascence in the National Police of Ukraine.

The author argues that the tendency of employees of the National police of Ukraine to psychosomatic disorders is complicated due to the presence of this category of people defined characterological features. Thus, it is quite common among future employees traits are a high propensity to risk, desire to lead, self-confidence; priority is determined by the orientation of the business (based on «themselves», «to group» are considered less significant). Workers believe the motive of self-assertion current personal goal, to which the preservation recedes into the background. That's why they don't pay attention to their health, which largely contributes to its high output level and the working conditions (long working hours, poor diet, psychological overload etc.).

Psychosomatic problems puts a person in a psychologically special circumstances, creates a special objective social situation of development of the psyche. This situation is new and unexpected; it can change the whole style of life: plant, plans for the future, state in relation to the important objective circumstances and himself. All these changes become the subject of mental activity and reflexes in psychosomatic status. The contents of such changes are

predetermined not only by the personality characteristics and the existing situation, but also allow predicting the vector of the dynamics of personality in the future.

Psychosomatic disorders are a reflection of the negative impact of detention on conditions of professional activity in locus minors (the «point of least resistance») of the individual. The need of self-preservation grows in a certain critical situation, and finds its manifestation in psychosomatic symptoms, reflects a subconscious desire for self-preservation, which rebuilds the hierarchy of motives.

Thus, the psychosomatic state of the person presents holistic systemic reactions (the physical body and personality) on external and internal exposure. They are aimed at the preservation of the integrity of the organism and ensuring its functioning in specific conditions of existence. Such reactions are determined by the nature of the person, peculiarities of «I-image» and profesio-genesis.

Keywords: personality factors, psychosomatic disorders, policeman.