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### **Vocational and Psychological Training of Servicemen of the National Guard of Ukraine**

In the article the draft system of vocational and psychological training of servicemen of the National Guard of Ukraine at different stages of service and combat missions in extreme (combat) conditions. The analysis of the research results of war in other countries and the initial research psychologists National Guard of Ukraine during anti-terrorist operations that have common conclusions. In the system of vocational and psychological training of military personnel, weighty significance is the work of

psychologists at the stage of guards to perform service and combat missions. The features and the introduction of special training combat experience in service and combat missions in the zone of the antiterrorist operation in the east of Ukraine and in the protection of public order in terms of events in the nation's capital.

The increasing role of psychological factors in modern wars and local conflicts, of military service and law enforcement units demonstrated during the antiterrorist operation in the Donetsk and Lugansk regions of Ukraine. The need for a short time to improve the combat readiness of units, psychological readiness of personnel in terms of the interactions of the various categories of military personnel (fixed-term and contract services, different motivational orientation of the antiterrorist operation tasks and the like); the need for the introduction of a new combat experience in the training of personnel to implement the service tasks entrusted to the National guard of Ukraine demand change of approaches to the issues of professional psychological training of personnel, and the building of educational material resources.

Combat doctrine is the basis for building effective units, but the actual events of service and combat tasks can be quite different from the scenarios of the exercises. This necessitates a system of providing service and combat readiness of servicemen in similar situations and after them, from commander to private. Flexibility and the ability to adapt is the Foundation of psychological readiness of the commander.

The task of the military psychologist in the vocational training system to perform tasks of service in extreme (combat) conditions aimed at formation of readiness of the military to combat the effects of stress factors.

In addition, each soldier should realize that any reaction of his body to extreme (combat) conditions is a normal reaction to abnormal circumstances, he also should have the skills of psychological first aid self-regulation of emotional state.

**Keywords:** professional and psychological training; psychological readiness; combat stress factors; psychological strip simulate combat operations and tasks in daily life activities; fighting; anti-terrorist operation.