Galan Natalia – MD, Associate Professor of Criminology and Forensic Medicine of the National Academy of Internal Affairs

## APPLICATION OF METHODS OF PSYCHOTHERAPY IN INVESTIGATIVE PRACTICE

The application of hypnosis in carrying out investigation that requires expertise and thin psychological work, the results of which are often unpredictable. A large amount of new information not obtained by this method in cases, when the processes of remembering complicated alarming motivation. Humane function hipnosuhhestiyi used by domestic law enforcement agencies are still with excessive caution. In the future a full forensic skladetsya new scientific field – forensic hipnolohiya, can significantly improve the tactical equipment investigative practices.

**Keywords:** psychotherapeutic technique; investigative hypnosis; forensic hipnolohiya.

Розглянуто застосування гіпнозу під час проведення слідчих дій. З'ясовано, що це вимагає компетенції і тонкої психологічної роботи, результати якої часто є непередбачуваними. Виявлено, що значний обсяг нової інформації вдається одержати за допомогою цього методу в тому разі, коли процеси пригадування ускладнені тривожною мотивацією. Доведено, що нині гуманна гіпносугестії використовується вітчизняними правоохоронними структурами з надмірною обережністю. майбутньої Зроблено припущення стосовно ทอяви криміналістиці нового повноцінного наукового напряму криміналістичної гіпнології.

**Ключові слова:** психотерапевтична техніка; слідчий гіпноз; криміналістична гіпнологія.

Расмотрено применение гипноза при выполнении следственных действий. Обосновано, что это требует компетенции и тонкой психологической работы, результаты которой часто оказываются непредсказуемыми. Аргументировано,

что значительный объем новой информации удается получить с помощью данного метода в тех случаях, когда процессы припоминания осложнены тревожной мотивацией. Доказано, что гуманная функция гипносуггестия используется отечественными правоохранительными структурами все еще с чрезмерной осторожностью. Сделано предположение, что в будущем в криминалистике сложится новое полноправное научное направление – криминалистическая гипнология.

**Ключевые слова:** психотерапевтическая техника; следственный гипноз; криминалистическая гипнология.

There is growing interest among scientists of subliminal perception, namely acceptance subthreshold stimulation. The subthreshold stimulation accaptance had direct access to the design of systems that provide high intensification of learning processes [1].

Hypnosis as a psychophysiological phenomenon, and as a tool for communicative action can be used in unlawful, constructive and humane purposes. There is reason to believe that lawyer's attention to this phenomenon in future will increase substantially, as the number of crimes and illegal actions through various forms of hypnosuggestion is growing, and therefore inevitably increase and the number of investigative techniques, which are based on hypnosis.

The aim of this study was the introduction of modern methods of legal practice hypnosuggestion, namely the so-called investigative hypnosis, which is an extremely effective tool for obtaining true hits. Of course, hypnosis has little to do with psychotherapeutic techniques and suggestions are basically a kind of tool hypermnesia, memory expansion for purposes of the investigation. However, with more careful consideration can be found and some general points in the investigation and medical hypnosis. The most frequently this community is seen in cases where the investigator has to deal with witnesses and victims seriously injured and emotionally frustrated survive the event. In these individuals often hypnotic session removes effects of amnesia caused by stress, and sympathetic understanding of their condition, their willingness to listen carefully when condescending attitude to any emotional expressions, allowing them to free themselves from emotional stress, reduce stress and feel

more relaxed. Thus, investigating the effect of hypnosis and takes specific psychotherapeutic value.

Since investigative hypnosis has its own characteristics, and it requires special training and relevant experience, ordinary hypnotherapist can not competently perform investigative functions. In this case, you will need additional training in the field of criminology. A specialist in investigative hypnosis, besides knowledge of hypnosuggestion should have a clear understanding of the features of the functioning of memory, methods of activation, as well as the specifics of eyewitness testimony.

Affect the objectivity of evidence and such «side» factors such as the desire of witness to fill blocks of memory and the habit to say «yes, yes,yes», unconscious desire to take wishful for reality[2]. The stronger the emotional interest of the witness, the more likely it is that he will remember the important details of the incident he observed.

Many studies have established that hypnosis plays an important role in ensuring the reliability and accuracy of eyewitness and victims in most criminal cases. [3] In studies of the human perception of information it appears that the amount of information perceived by man determined not only by the level of awareness. Much of the perceived information is recorded, in addition, on a subconscious level. In the hypnotic state the subconscious level data become accessible to awareness, which allows the phase state of mind to receive complete information from witnesses than they tell under normal circumstances.

The entire course of investigative hypnosis session must be recorded on tape, and if desired, also video. Tape recorders should be used openly as a person who is hypnotizing quickly adapts to this fact, and in a few minutes stop to notice it. Very convenient to hypnosis in tandem with other experts, as it not only allows to divide the working tool during the session , but also to consult on the progress of the case, prompting one another for your actions. It is believed that the presence of family and close friends at the session does not contribute to the case, except in cases where the evidence removed from the affected children or young of the same witnesses.

Keep in mind that prescription event within the annual period of time does not affect adversely the fullness of media playback. Any signs of haste are acting on the questioned negatively and may actually impede recollection, preventing the development of complete relaxation. Therefore, a delay in the session does not affect the reproductive ability of the memory of the witness.

To summarize, it should be noted that the person must have a certain level of intelligence, endurance, able to create appropriate interpersonal situations. The use of hypnosis requires competence and «thin» psychological work, the results of which often appear unpredictable.

In the near future in forensic science will be developed a full new scientific field - forensic hypnology - can significantly improve tactical equipment of investigative practices.

## REFERENCES

- 1. Леонтьев А. А. Основы психолингвистики / А. А. Леонтьев. М.: Смысл; Академия, 2005. 288 с.
- 2. Экман П. Психология лжи. Руководство по выявлению обмана в деловых отношениях, политике и семейной жизни / П. Экман; [пер. с англ.]. К.: Логос, 1999. 224 с.
- 3. Пиз А. Язык телодвижений / А. Пиз. СПб. : Гутенберг ; Ай кью. 2000. 185 с.
- 4. Бехтерев В. М. Гипноз, внушение, телепатия / В. М. Бехтерев. М. : Мысль, 1994. 364 с.
- 5. Коуплан Р. Гипноз: практическое руководство / Р. Коуплан. СПб
- 6. Смирнов И. Психотехнологии: Компьютерный психосемантический анализ и психокоррекция на неосознаваемом уровне / Смирнов И., Безносюк Е., Журавлев А. М. : Прогресс ; Культура, 1995. 416 с. : Питер Ком, 1998. 288 с.