
Khokhlina O. – *Doctor of Psychology, Professor, Professor of the Department of Psychology and Pedagogic of Faculty No. 2 of the National Academy of Internal Affairs, Kyiv, Ukraine*

Problem of Psychology Basic Categories Content

The problem of the categorial apparatus and content of the psychology basic categories is dealt with. Theoretical research is based on the system of basic categories developed by B. F. Lomov – categories of reflection, personality, activities and communication. Based on the analysis of theoretical and methodological papers on psychology problems, the meaning and content of the defined categories are described.

Category of reflection shows the most common and essential characteristics of mentality: psychic phenomena are seen as different forms and levels of subjective reflection of objective reality. We analyze the specificity of mental reflection at different levels.

Category of activities is revealed in connection with the comprehension of determination, origin and nature of mentality, which is in the form of activity. It is defined as a specific form of human relationship with reality, the content of which is appropriate to its transformation (creation, modification, etc.); the most abstract and general definition of the category of activities reflects the relation «subject-object». In general psychological theory of activities there are distinguished two paradigms – morphological and dynamic.

Methodological significance of the communication category is associated with the fact that its interpretation depends on understanding the social reality, in which man reveals himself as

a person, as well as understanding how a person manifests itself. Communication is an individual and specific form of human activity, the result of which is not transformation of the surrounding reality – material or ideal object (like work) but the relations (relationship), interaction with another person or persons. Category of communication includes relations «subject – subject».

Among the basic categories of psychology, in the structure of mental phenomena, a special place is occupied by the category of individuality. Activities and communication are typical of a specific personality; it is also the bearer of mental reflection (psyche).

The essence of personality is revealed in the context of its formation and determination – internal and external: personality is a self-regulating system formation, which consists of socially significant mental properties that provide selectivity of relations and regulation of human behavior as the behavior of the subject of activities.

Keywords: psychology, basic categories, reflection, awareness, activities, communication, personality.